

WEIGHT WATCHERS REIMBURSEMENT



Effective January 1, 2019 through December 31, 2019

During 2019, Tufts University will provide a Weight Watchers® reimbursement to employees who are enrolled in a Tufts University health plan.

Qualifying Weight Watchers programs include:

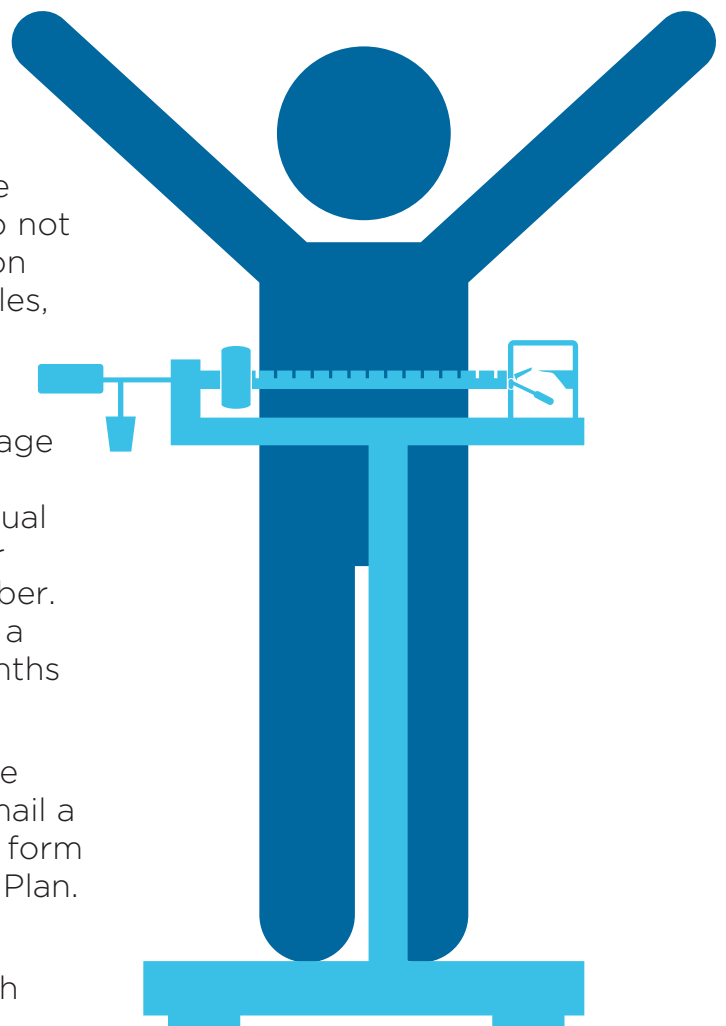
- ▶ Traditional Weight Watchers meetings
- ▶ Weight Watchers At Work program

Please note that the Weight Watchers Online and Weight Watchers At Home programs do not qualify. In addition, fees for individual nutrition counseling sessions, food, books, videos, scales, or other items do not qualify for the reimbursement.

The reimbursement is available to members age 13 and older. The subscriber and one other covered dependent qualify for a \$150 individual reimbursement with a maximum of \$300 per family, per calendar year, paid to the subscriber. To be eligible, members must be enrolled in a Tufts University health plan for at least 3 months during 2019.

To receive the reimbursement, once you have enrolled and paid for a qualifying program, mail a copy of your receipt and the reimbursement form (on the reverse of this page) to Tufts Health Plan.

For more information about the Weight Watchers reward, please contact Tufts Health Plan Member Services at 844.516.5790.



SUBMIT YOUR REIMBURSEMENT FORM 

